

# FIRST RECONCILIATION STEPS

YOU CAN PRINT THIS OFF AND BRING WITH YOU

## YOU

## PRIEST

In the name of the Father, and of the Son, and of the Holy Spirit

*As you make the sign of the Cross*



1

May the Lord be in your heart and on your lips to make a true and worthy confession



Bless me Father, this is my First Reconciliation

My sins are ...

*Then confess your sins, simply and from the heart*



2



3

*The priest gives some advice*

...

*The priest also gives a penance which is usually a prayer to pray*



4

*You say sorry to God*



O my God, I thank you for loving me, I am sorry for all my sins, for not loving others, and not loving you. Help me to live like Jesus, and not sin again. Amen.



5



*Then go to light a candle and pray the prayer that the priest has given you to pray.*



*In Jesus' name, the priest then says*

I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit



*The priest then invites you to go in peace, having been forgiven by God*

*Remember, you can always ask the priest for his help if you forget any words. The priest is there to help you. Just say, "father, can you help me with what I need to say."*

*Reconciliation is such a joyful event where you hear Jesus' words of forgiveness.*

*It's something we come back to again and again as sons and daughters of God.*