



Ealing Abbey Church of St. Benedict Newsletter and Information bulletin

All Masses Celebrated in the week are live-streamed on [ChurchServices.TV](https://www.churchservices.tv)

SUNDAY 1 OF LENT
Duet 26: 4-10 ; Rom 10: 8-13 ; Luke 4 : 1-13



Useful Contacts

PARISH PRIEST - Fr. Ambrose McCambridge OSB
Priest of the Parish - Fr. Timothy Gorham OSB

Parish Secretary - Robert Ewan | parishoffice@ealingabbey.org.uk | 020 8194 2301 |
Parish office: Open Mon-Fri 9.30-12.30pm | 2, Marchwood Crescent, Ealing, London W5 2DZ

Pastoral Coordinator- Chelle D'cruz | Pastoral.coordinator@ealingabbey.org.uk | 020 8194 2302 |
Hours: Mon-Fri 8.30-12:30pm

If you would like to start receiving an extended version of the newsletter by email on a fortnightly basis – contact Chelle

Catechetical Coordinator- Danielle Rudge | catecheticalcoordinator@ealingabbey.org.uk

Emergency Sick Calls - 07752 385860

Ealing Abbey Monastery - 020 8194 2300 | Charlbury Grove, Ealing, London W5 2DY

Chair Of Pastoral Council- Ms. Ibi Abasi

Safeguarding Representatives- Marie-Helene Collins, Dr Brendan Curran
ealingsg@safeguardrcdow.org.uk

Connect: Website www.ealingabbeyparish.uk | **Facebook** www.facebook.com/StBenedictsEaling

DIVINE OFFICE

	Sunday	Weekday	Saturday
MATINS		6.00am	6.30am
LAUDS	7.35am	7.35am	7.35am
VESPERS	6.00pm	6.35pm	5.15pm
COMPLINE		8.00pm	
VIGIL			7.30pm

WEEKDAY & SATURDAY

MASSES

7.00am
(With the Monks)
9.15am
6.00pm
(Vigil Mass of Sunday)

CONFESSION:

Saturday: 10am-11am/4pm-5pm,
Thursday: 7.45pm-8.15pm

SUNDAY MASS

9.00am	(with children's liturgy)
10.15am	(Family Mass in Abbey Hall)
10.30am	(Choral Mass)
12 noon	(Sung Mass)
7.00pm	(Young people's Mass)

Dear Parishioner,

On this First Sunday of Lent, we step into the desert with Jesus. Just after his baptism, the Holy Spirit leads him into the wilderness, where he fasts and is tempted by the devil. As we begin our own Lenten journey, we are invited to walk in his footsteps, confronting the temptations that pull us away from God.

Through the Gospels we are able to identify with Jesus. Through him, we learn what it means to live a life rooted in God's will. In the desert, Jesus faces three great temptations—each one echoing struggles we encounter in our own lives.

First, the devil urges him to use divine power to satisfy his hunger. This is the temptation to put our physical needs above all else, forgetting that "man shall not live by bread alone." Then comes the allure of power. Many are willing to sacrifice a great deal - possessions, integrity, even faith - for influence and control. But Jesus rejects it outright, knowing that to seek power at any cost is to serve evil. Finally, the devil plays a subtler game, tempting Jesus to test God by throwing himself from the temple, expecting angels to save him. This is the temptation to demand that God act according to our will, rather than trusting in his plan. It echoes the choice of Adam and Eve in the Garden of Eden. Instead of trusting in God's wisdom and timing, they took matters into their own hands, grasping at the knowledge of good and evil on their own terms. Jesus, however, refuses to put his Father to the test, showing us the path of true faith - one of surrender and trust in God's wisdom.

Lent is our own time in the wilderness, a season of prayer, fasting, and almsgiving, where we seek to deepen our reliance on God. What are the temptations that draw us away from him? How is he calling us to trust more fully in his wisdom?

May this holy season strengthen us, so that, like Jesus, we may stand firm in faith and walk the path that leads to Easter joy.

Yours in Christ,

Deacon Ian

Anniversaries from the week commencing 9th March 2025

Yvonne Figon, Liam Blake, Anne Keogh, Mark Weber, Elisabeth Quinnen, Daisy Saliba, Paul Quinn, Pauline Housset, Elizabeth Arden, Sidonie Foley, Angela Bifulco, Angela Nwaka, Eileen Jolly, William Blake, John Dutton, Evelyn McGeeney, Rienzie Alles, Helen Shabaznia, Abbot Francis Rossiter, Natale Michele, Andreas Selibio, John Bridges, Alicia Ruffell, Mary Gordon, James Cogswell, Lillie Russell, John Gallagher, Dom Philip Pickering, Peggy Higgins, Bertha Dias, Frances Shaw, Sheila Keating, Nicola Marcantonio, Frank Burke, Andrew Marsden, Francis Pereira, Jacoba Hewish, Jacques Berger, Janet McKinley, Wallace Martin, Robert Young, Margaret Anne Barrow

Information & Diary

Sunday 9th March

Monday 10th March

8-9pm: Bingo in Parish Hall.

Tuesday 11th March

9.45-11.45am: Toddlers – Parish Hall.

1pm-3pm: Senior citizens-Coffee lounge

6.30pm- Meditation: in the Bulbeck Room with Fr. Robin Burgess

Wednesday 12th March

7.00-8.15pm: Ealing Abbey Lay Plainchant Choir, Maurice Fowler Hall. New members/beginners welcome. For further information, see www.ealpc.org.

Thursday 13th March

9.45-11.45am: Toddlers- Parish Hall.

10.00am: Lectio Divina in the Bulbeck Room with Sheila Rees, refreshments at 11.00am and meditation at 11.15. With Fr Robin Burgess.

Friday 14th March

Saturday 15th March

10am-12pm: Art & Prayer workshop in Bulbeck room. See back page for information
7.30pm: St. Patrick's Day event in the Benet Bar from 7:30pm with Irish Folk music and a raffle. There is no cost for entry. All are welcome.

Second collection – Ealing Abbey Parish Lent Appeal: Ealing Churches Winter Night Shelter (ECWNS) speakers at 6pm mass Saturday 15th, and all masses on Sunday 16th, raising funds.

Finance News

Collections 2nd March 2025

Offertory, ATM, and others: £1767

We are deeply grateful for the wonderful financial support we receive. If you would like to make a donation to help us to continue to sustain the mission of the Church, share the Gospel and serve those in need, our Bank Account details are:

Bank: Royal Bank of Scotland, 49 Bishopsgate, London EC2N 3AS Account No: 19123696 Sort Code: 16-00-15 Account Name: The Trust of St Benedict's Ealing Abbey

Notices

LENT & HOLY WEEK 2025

Visit the **Lent & Holy Week** page on our website for events, schedules and information during Lent including our Parish Lenten Appeal, to help you prepare for a blessed Lenten season. **Download our Lenten program** at: ealingabbeyparish.uk/news/

What is the Jubilee Year 2025? Pilgrims of Hope, what does it mean?

We have created a dedicated page on our website which contains everything you need to know about The Jubilee Year 2025 with useful resources e.g. The Jubilee Year prayer, hymn, and letter from The Holy Father, key dates and events including our Parish Pilgrimage to Rome and Parish Discussion summaries. Visit ealingabbeyparish.uk/jubilee-year-2025/ or scan QR code for more.



CAFOD Family Fast Day – Friday 14th March 2025

Friday 14th March is Family Fast Day – a special day to pray, fast, and give in solidarity with those in need. You can donate online or using the CAFOD envelopes in the porches.

Art & Prayer Workshop – Saturday 15th March

Art & Prayer workshop on the theme of Creation – Saturday 15th March 10am-12pm in Bulbeck room. Contact Karolina Stolarska: rozamarias@gmail.com

St. Patrick's Day event – Saturday 15th March

On Sat 15th March there will be a St. Patrick's Day event in the Benet Bar from 7:30pm with Irish Folk music and a raffle. No cost for entry. All are welcome.

Please note that on St. Patrick's Day itself, Mon 17th March, there will be no social event.

Special Needs Lenten Liturgy – Saturday, 22nd March 2025

Supporting those with special needs and their carers, with a liturgy and bring/share tea and craft workshop. Starting 2.30-4.30pm in the Coffee Lounge. All welcome to join!

Contact Philly for more information: phillycodrington@hotmail.com



Get involved and volunteer at Ealing Abbey

We have many opportunities including a 9am choir master/mistress, candle stands cleaning, walk of witness procession marshals on Good Friday, Benedict Renew team, Children's Liturgy and much more. Visit our volunteering page for a full list of roles at

ealingabbeyparish.uk/volunteering-opportunities/ or scan the QR code. Please contact Chelle chelle@ealingabbey.org.uk if you would like to dedicate your time and talents.

Cardinal's Lenten Appeal 2025

This Holy Year invites us to be 'Pilgrims of Hope'. We invite you to consider supporting work being done in the Diocese of Westminster to bring hope into many lives. Your contributions will help fund vital projects across our Diocese, including Youth & Evangelisation, Social Action, Marriage & Family Life, and Catholic Education Initiatives. His Eminence, Cardinal Nichols, extends his heartfelt thanks to all who give what they can to this meaningful cause. Donation envelopes are available today, and you can also contribute online using the QR code. Thank you for your kindness and support.