



14.09.2025

# Ealing Abbey Church of St. Benedict

## Newsletter and Information bulletin

All Masses Celebrated in the week are live-streamed on [ChurchServices.TV](https://www.churchservices.tv)

### **THE EXALTATION OF THE HOLY CROSS**

Num:21:4b-9; Phlm 2: 6-11; John 3:13-17



### *Useful Contacts*

**PARISH PRIEST - Fr. Ambrose McCambridge OSB**

**Priest of the Parish - Fr. Timothy Gorham OSB**

**Parish Secretary - Robert Ewan** | [parishoffice@ealingabbey.org.uk](mailto:parishoffice@ealingabbey.org.uk) | 020 8194 2301 |  
Parish office: Open Mon-Fri 9.30-12.30pm | 2, Marchwood Crescent, Ealing, London W5 2DZ

**Pastoral Coordinator- position vacant**  
For any pastoral issues please contact the parish office

**Catechetical Coordinator- Danielle Rudge** | [catecheticalcoordinator@ealingabbey.org.uk](mailto:catecheticalcoordinator@ealingabbey.org.uk)

**Emergency Sick Calls - 07752 385860**

**Ealing Abbey Monastery - 020 8194 2300** | Charlbury Grove, Ealing, London W5 2DY

**Chair Of Pastoral Council- Ms. Ibi Abasi**

**Safeguarding Representatives- Marie-Helene Collins, Dr Brendan Curran**  
[ealingsg@safeguardrcdow.org.uk](mailto:ealingsg@safeguardrcdow.org.uk)

**Connect: Website** [www.ealingabbeyparish.uk](http://www.ealingabbeyparish.uk) | **Facebook** [www.facebook.com/StBenedictsEaling](https://www.facebook.com/StBenedictsEaling)

*You can also download a copy of the latest bulletin on the website, found under 'News'*

### DIVINE OFFICE

	Sunday	Weekday	Saturday
MATINS		6.00am	6.30am
LAUDS	7.35am	7.35am	7.35am
VESPERS	6.00pm	6.35pm	5.15pm
COMPLINE		8.00pm	
VIGIL			7.30pm

### WEEKDAY & SATURDAY MASSES

**7.00am**  
(With the Monks)  
**9.15am**  
**6.00pm**  
(Vigil Mass of Sunday)

**CONFESSION:**  
**Saturday: 10am-11am/4pm-5pm,**  
**Thursday: 7.45pm-8.15pm**

### SUNDAY MASS

**9.00am** (with children's liturgy)  
**10.15am** (Family Mass in Abbey Hall)  
**10.30am** (Choral Mass)  
**12 noon** (Sung Mass)  
**7.00pm** (Young people's Mass)

*Dear Parishioner,*

*Triumph of the Cross Sunday, 14th September 2025*

There is a powerful Afro-American Spiritual hymn from the 19th-century erupting out of the American slave experience of suffering and hope of an enslaved people connecting Jesus's suffering to their own. Passed down orally initially with variations, and first published in 1899

It is a hymn for Good Friday, but also to be sung during Lent and especially during the Stations of the Cross. I find it wonderful. It never ceases to be overpowering and full of raw deep felt emotion. Singing it, you cannot but become engrossed and caught up in the great profundity and overwhelming awesomeness of the meaning of the Cross

I first heard it as a boy growing up in Rathgar, my home Parish in Dublin. My Parish Priest loved singing it and so did parishioners. It cannot but move the soul. I defy you to say otherwise.

Each verse is just a simple stark question repeated: "Were you there.... ?" A simple question perfect for prayer and contemplation. "Were you there when they crucified my Lord; ... when they nailed him to a tree; and when the sun refused to shine" but climaxing in the final verse "were you there when he rose from out the tomb?" But its the Chorus that just cuts right through you. It expresses the sheer raw emotion of that day, of Good Friday, its consequences, its starkness and its meaning.

Today we celebrate, **we stand in awe** and continue to contemplate this incredible mystery, when the Saviour of the World, **the Son of God, Christ Jesus** took all our sins on his shoulders and carried them, carried us. And by those very wounds he saved us, he healed us and redeemed us! "Oh sometimes it causes me to tremble, tremble, tremble. Were you there when they crucified my Lord"

***Dom Ambrose McCambridge OSB PP***

## Anniversaries from the week commencing 14<sup>th</sup> September 2025

**Walenty Szczyglowski, Majiec Swietochowski, Ginige de Silva,  
Mary Theresa McElligott, Bridie Weeks, Sheila Lyons, Aileen Murphy,  
Odette Gostwick, Sr Andre Dullaghan, Kate Agnes Cummins, Jessica James,  
Marie-Eve Malhomme de la Roche, Ernest (Erni) Witcomb,  
Robin Charles Collis, Cyril Bastable, Kathleen Marie Rousseau,  
Bernard Davis, Rose Kelly, Margaret Kraxner, Bryan Leverton,  
Margaret O'Brien, William Mulligan, Catherine Smith,  
Ita Bernadette Callaghan, Mary Magdalene Wheeler,  
Rose Long, Sarkis Arabian, Wladyslaw Jastrzebski, Michael Davis,  
Annette Mary Harvey, Winifred Pender, Elizabeth (Betty) Jackson**

## Information & Diary

### **Sunday 14<sup>th</sup> September THE EXALTATION OF THE HOLY CROSS**

A second collection for Catholic Education Services will be held in the church today.

### **Monday 15<sup>th</sup> September Our Lady of Sorrows**

6.00pm Mass: A day of prayer for peace in the Holy Land  
(As requested by the bishops of England and Wales)  
8-9pm: Bingo in Parish Hall.

### **Tuesday 16<sup>th</sup> SS Cornelius, pope & Cyprian**

1pm-3pm: Senior citizens-Coffee lounge  
6.30pm- Meditation: in the Bulbeck Room with Fr. Robin Burgess.

### **Wednesday 17<sup>th</sup> September**

7.00-8.15pm: Ealing Abbey Lay Plainchant Choir, Maurice Fowler Hall. New members/beginners welcome. For further information, see [www.ealpc.org](http://www.ealpc.org)  
8.15pm: Book circle in the Coffee lounge. See back page for more details

### **Thursday 18<sup>th</sup> September**

9.30-12.30: Toddlers in the Parish Hall.  
10.00am: Lectio Divina in the Bulbeck Room with Sheila Rees, refreshments at 11.00am and meditation at 11.15. With Fr Robin Burgess.

### **Friday 19<sup>th</sup> September**

9.45-12.30: Adoration of the Blessed Sacrament in the Church.

### **Saturday 20<sup>th</sup> September SS Andrew Kim Taegon Paul Chong Hasang & Comp**

## **Sanctuary Lighting**

We're calling on the strength of our community to help us raise £30,000 to restore the lighting infrastructure above the sanctuary. We are asking for donations, we also need generous action-takers, people willing to help, create and share information and energise others to get involved. If you have got creativity, time or even just a big heart for the Abbey, we need you on this mission. This isn't just about lights, it's about what we stand for as a community of faith, love and purpose. Reach out to Laura or Jan via the Parish Office, if you feel called to help. We need your heart, hands and help to turn this vision into reality.

## *Finance News*

**7<sup>th</sup> September 2025**

### **Collection Offertory, ATM, and others: £1775**

We are deeply grateful for the wonderful financial support we receive. If you would like to make a donation to help us to continue to sustain the mission of the Church, share the Gospel and serve those in need, our Bank Account details are: Royal Bank of Scotland, 49 Bishopsgate, London EC2N 3AS  
Account No: 19123696 Sort Code: 16-00-15 Account Name: The Trust of St Benedict's Ealing Abbey

## *Notices*

### **Save the date**

**Saturday 18<sup>th</sup> October 7.00pm-10pm**

**Race night in the Parish Hall in aid of Replacing Abbey Electrics**

**Further details will be forthcoming**

### **Children's Liturgy Volunteers Urgently Needed**

Volunteers **Urgently needed** for Children's Liturgy at 9am Mass on Sundays – we don't have enough to keep it going; please get in touch with Danielle at

[catecheticalcoordinator@ealingabbey.org.uk](mailto:catecheticalcoordinator@ealingabbey.org.uk)

### **our Survivor Experience**

The Catholic Safeguarding Standards Agency (CSSA) is conducting a thematic inspection on survivor engagement and support across Religious Life Groups (RLGs) and dioceses of the Catholic Church. We would like to share these two links: Information about the survey

#### **Public Calls for Information**

The direct link to the survey

[https://forms.office.com/Pages/ResponsePage.aspx?id=SSQzRY2fT0OpJmB\\_Xy63KLBEXoG2tlVAm\\_9UYqKjMSFUOTc5TzILTEdTWkUySjhaTIU0QURaOU05SC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=SSQzRY2fT0OpJmB_Xy63KLBEXoG2tlVAm_9UYqKjMSFUOTc5TzILTEdTWkUySjhaTIU0QURaOU05SC4u)

This process is being conducted with transparency, respect, and in a survivor-centred way. We would like to hear from as many voices as possible, enabling us to identify good practice and areas for improvement across the Church.

#### **ALSO**

The Catholic Safeguarding Standards Agency (CSSA) is now asking every diocese and RLG to help it share a new survey inviting **everyone engaged with the Catholic Church**, including Clergy, Religious (Consecrated Life), **Parish Safeguarding Representatives**, Employees, **Volunteers and Parishioners** to contribute their experiences. The aim of this survey is better understand how the Catholic Church engages with Survivors.

Information regarding this survey can be found here:

[https://forms.office.com/Pages/ResponsePage.aspx?id=SSQzRY2fT0OpJmB\\_Xy63KLBEXoG2tlVAm\\_9UYqKjMSFUM1hSR1VCOEpYMUc4SDVQWTg3VkNDTzg5OS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=SSQzRY2fT0OpJmB_Xy63KLBEXoG2tlVAm_9UYqKjMSFUM1hSR1VCOEpYMUc4SDVQWTg3VkNDTzg5OS4u)

### **Book Circle**

Next meeting will be on Wednesday 17 September at 8.15 pm in the Coffee Lounge to discuss Caledonian Road by Andrew O'Hagan. All are welcome.

#### **HCPT**

Friday 19th September 7 - 10pm. Fundraiser relaxing evening in the Benet Bar in aid of HCPT (special needs children making pilgrimage to Lourdes). Live music and hot supper included - Tickets selling after Masses next week or from the Benet Bar. Cash only £20/ticket.