



# Dear Parishioner,

The Gospel this Sunday is from Jesus's Sermon on the Mount. We might call this sermon "Jesus's manifesto". We hear Jesus saying: "Do not imagine that I have come to abolish the Law or the prophets". This may confuse us if we believe that the Jewish Law has been superseded by the Law of Christ. Although the Law was given to Moses on Mount Sinai out of love for the Israelites, the Jewish people later came to understand that their capital city, Jerusalem, would be the chosen destination of all peoples, not just the Jews, because, in giving the Law to the Israelites, God was intervening in history to further the process of His revelation to the whole human race. The giving of the Ten Commandments was a huge step along the way.

This process has culminated in the incarnation of Jesus, Son of God, Himself. In Jesus, the law for all to follow is now revealed as the Law of love. Jesus describes the working out of this law in the Gospel we hear this Sunday:

1) We must not be content with simply refraining from murder. We must be positively reconciled with each other. Unless we seek reconciliation, our worship is in vain.

2) We must not be content with merely refraining from adultery. We must be pure in heart so that we can be truly free to interact with each other. We cannot do this if we regard some people as though they were only their bodies!

3) We must not be content with the possibility of legal divorce. Rather we must seek to love our spouses "for better, for worse, in sickness and in health, for richer, for poorer, till death do us part". We can extend this attitude to all relationships. We need to be free to love others even when they are not exhibiting their attractive side!

4) We must speak the plain truth and not seek to amplify our assertions by swearing by God or any aspect of Him, or, indeed, anyone or anything else. Such swearing conceals an underlying lack of transparency. (This injunction does, not, however, prohibit us from swearing an oath in a legal case, or before a solicitor, because it contains a clear, premeditated, assertion that we are telling the truth before God.)

Love regards the other person's interests as just as important as our own. In the Holy Eucharist we are given the grace to make this our reality.  
Yours in Christ,

**Dom Timothy Gorham OSB**

## Anniversaries from the week commencing 15<sup>th</sup> February 2026

Edward Horrigan, Marjorie Shearing, Jadwiga Kozlowska, Annie Crowley, Dorothea Bissett, Mary Clare Rich, Benita Hawlin, Izabella Blauth, Sr. Marianne Peck, John Mackersie, Edwin Sabin, Lech Jankowski, Mary McKenna, Margaret Craxford, Peter Skellon, Charles Melly, Robert McNair, Nellie Brosnan, Martin Byrne, Ruth Dent, William Gorard, David Hennelly, Charlie Sweeney, Nicholas John Wogan, Alexander Anthony Morton, Mary Browse, James Wilson, Cornelius O'Sullivan, Pauline Curran, Sean Gallagher, Monica Major, Christina Mulcahy, Frank Jablonowski, Neill Cahil, Ted Lynch, Mairead Jewell, Leslie Lyons, Christian Pollock, Monica Parker, Hannah O'Driscoll, Maria Louca, Kathleen Maguire, David Banks, Krystyna Sass, Bridget Mary Grimes, Bridget McColl, Marie Gordon, Patrick Devitt, Phyllis Mc Neish, Sidney Radford, Joan Kenny, Norah Chambers, Patrick Marron, Dorothy Vernon, John Corry, Irena Jadwiga Romer

## Information & Diary

### **Sunday 15<sup>th</sup> February**

### **Monday 16<sup>th</sup> February**

8-9pm: Bingo in the Parish Hall.

### **Tuesday 17<sup>th</sup> February**

1-3pm: Senior citizens. In the Coffee Lounge.

6.30pm: Meditation: in the Bulbeck Room with Fr. Robin Burgess.

7.00pm: Aid to the Church in Need in the Coffee Lounge. All welcome.

### **Wednesday 18<sup>th</sup> February Ash Wednesday**

***There will be an extra Mass at 8pm with distribution of ashes at all Masses***

10-12pm: **Benedict Renew**. In the coffee lounge.

7.00-8.15pm: Ealing Abbey Lay Plainchant Choir, Maurice Fowler Hall.

see [www.ealpc.org](http://www.ealpc.org)

### **Thursday 19<sup>th</sup> February**

9.30-12.30: Toddlers group will resume on 26<sup>th</sup> February.

10.00am: Lectio Divina in the Bulbeck Room with Sheila Rees, refreshments at 11.00am and meditation at 11.15am with Fr Robin Burgess.

### **Friday 20<sup>th</sup> February**

9.45-11.00am: Adoration of the Blessed Sacrament in the Church. Parishioners are invited to pray for Members of the House of Lords to grant them wisdom and courage as they consider the Assisted Dying Bill.

### **1.30 & 8.20pm: Stations of the Cross**

### **Saturday 21<sup>st</sup> February**

10.00 a.m. to 11.00 a.m.: Adoration of the Blessed Sacrament.

### **Sanctuary Lighting:**

Please see Father Ambrose's message on: [ealingabbeyparish.uk](http://ealingabbeyparish.uk)

# Finance News

8<sup>th</sup> February 2026

Collection Offertory, ATM, and others: £1529

We are deeply grateful for the wonderful financial support we receive. If you would like to make a donation to help us to continue to sustain the mission of the Church, share the Gospel and serve those in need, our Bank Account details are: Royal Bank of Scotland, 49 Bishopsgate, London EC2N 3AS Account No: 19123696 Sort Code: 16-00-15 Account Name: The Trust of St Benedict's Ealing Abbey

## **Notices**

### **Children's Liturgy Volunteers Urgently Needed**

Volunteers **Urgently Needed** for Children's Liturgy at 9am Mass on Sundays – we don't have enough to keep it going; please get in touch with Danielle at [catecheticalcoordinator@ealingabbey.org.uk](mailto:catecheticalcoordinator@ealingabbey.org.uk)

### **The Assisted Dying Bill**

This Bill is currently before the House of Lords. We are concerned that it does not adequately protect vulnerable people and risks replacing compassionate care with assisted death. Parishioners are urged to pray and to write to members of the House of Lords (template available from the parish office), asking them to oppose the Bill and support better palliative and end-of-life care. To support this effort or to obtain materials, please contact the Parish Office.

### **Faith sharing**

Would you like to join a small faith-sharing group this Lent? Using a diocesan booklet, we will reflect on the theme "We Dare to Ask," exploring the meaning of baptism as we prepare to renew our baptismal promises at Easter. A group meets on Fridays at 12 noon for one hour over five weeks, starting 20 February 2026. Other groups meet on Monday, Tuesday and Wednesday evenings. Please contact the parish office if you would like to join.

### **Lent liturgy for those with special needs**

The LENT LITURGY for those with special needs, their carers and anyone wishing to start Lent in a prayerful way will be held on Saturday the 28<sup>th</sup> February, starting in the coffee lounge with a craft activity followed by a service in the Abbey church and a bring and share tea back in the coffee lounge. All welcome

### **'Come & See' Vocations Morning 2026 for Priesthood and Diaconate**

Sat 28th February, 10am - 1.30pm at St Anselm's Church, St Anselm's Rectory, The Green, Southall UB2 4BE. To find out more and to register your attendance, please contact: Canon Roger Taylor - Vocations Promoter [rogertaylor@rcdow.org.uk](mailto:rogertaylor@rcdow.org.uk) or Deacon Ian Edwards – Assistant Director Permanent Diaconate [ianedwards@rcdow.org.uk](mailto:ianedwards@rcdow.org.uk). We look forward to hearing from you.

### **HCPT**

Many thanks to all those who attended and supported the HCPT fundraising social last Friday evening, 6th February. A total of £945 was raised.