



08/03/2026

# Ealing Abbey Church of St. Benedict Newsletter and Information bulletin

All Masses Celebrated in the week are live-streamed on [churchservices.tv/ealingabbey](http://churchservices.tv/ealingabbey)

## **SUNDAY 3 OF LENT**

Exod 17: 3-17; Rom 5: 1-2,5-8; John 4: 5-24



### Useful Contacts

**PARISH PRIEST - Fr. Ambrose McCambridge OSB**  
**Priests of the Parish - Fr. Timothy Gorham OSB & Fr Bede Grey OSB**

**Parish Secretary - Robert Ewan** | [parishoffice@ealingabbey.org.uk](mailto:parishoffice@ealingabbey.org.uk) | 020 8194 2301 |  
Parish office: Open Mon-Fri 9.30-12.30pm | 2, Marchwood Crescent, Ealing, London W5 2DZ

**Pastoral Coordinator- position vacant**  
For any pastoral issues please contact the parish office

**Catechetical Coordinator- Danielle Rudge** | [catecheticalcoordinator@ealingabbey.org.uk](mailto:catecheticalcoordinator@ealingabbey.org.uk)

**Emergency Sick Calls - 07752 385860**  
**Ealing Abbey Monastery - 020 8194 2300** | Charlbury Grove, Ealing, London W5 2DY

**Chair Of Pastoral Council- Ms. Ibi Abasi**  
**Safeguarding Representatives- Marie-Helene Collins, Dr Brendan Curran**  
[ealingsg@safeguardrcdow.org.uk](mailto:ealingsg@safeguardrcdow.org.uk)  
**Connect: Website** [www.ealingabbeyparish.uk](http://www.ealingabbeyparish.uk) | **Facebook** [www.facebook.com/StBenedictsEaling](http://www.facebook.com/StBenedictsEaling)  
**Instagram** [www.instagram.com/st\\_benedictsealing/](http://www.instagram.com/st_benedictsealing/)

You can also download a copy of the latest bulletin on the website, found under 'News'

### DIVINE OFFICE

	Sunday	Weekday	Saturday
MATINS		6.00am	6.30am
LAUDS	7.35am	7.35am	7.35am
VESPERS	6.00pm	6.35pm	5.15pm
COMPLINE		8.00pm	
VIGIL			7.30pm

### WEEKDAY & SATURDAY

#### MASSES

**7.00am**  
(With the Monks)  
**9.15am**  
**6.00pm**  
(Vigil Mass of Sunday)

### SUNDAY MASS

**9.00am** (with children's liturgy)  
**10.15am** (Family Mass in Abbey Hall)  
**10.30am** (Choral Mass)  
**12 noon** (Sung Mass)  
**7.00pm** (Young people's Mass)

#### CONFESSION:

**Saturday: 10am-11am/4pm-5pm,**  
**Thursday: 7.45pm-8.15pm**

## *Dear Parishioner,*

On this Third Sunday of Lent, the Word of God speaks to us about *thirst* not only the thirst of the body, but the deeper thirst of the heart. In the first reading, the people of Israel are in the desert and cry out for water. They are tired, frightened, and unsure if God is still with them. Moses strikes the rock, and water flows. It is a simple but powerful sign: even in a dry and difficult place, God provides.

In the Gospel, we meet another thirsty person, the Samaritan woman at the well. She comes for ordinary water, but she meets Jesus, who speaks to her about “living water.” Jesus gently helps her see that she has been coming back again and again to the same well, yet never truly satisfied. Her life has been shaped by searching for fulfillment in things that cannot really quench her deeper thirst.

This is something we can all recognise. We look for happiness in many places: success, comfort, relationships, possessions, or distractions. These things are not bad in themselves, but they cannot give us lasting peace. We may feel satisfied for a while, but then the thirst returns. Lent invites us to notice where we keep returning, hoping to feel full, yet still feeling empty.

Jesus does not judge the woman. He listens to her, speaks honestly with her, and slowly leads her to something greater. He tells her that true worship is not about being in the “right” place, not this mountain or that temple but about worshipping God “in spirit and truth.” In other words, God is not something we can fit neatly into our routines or control through rules alone. God is living, present, and personal. He wants a relationship with us.

This is the heart of Lent. It is not just about giving things up, but about making space for God. It is about allowing Jesus to point out, with kindness, the wells we keep going back to, which are our habits, attitudes, and comforts. These do not really give life. Then hearing him say to us, “Come to me. Let me give you living water.”

During this week of Lent, perhaps we can ask ourselves a few simple questions:

- Where do I look for peace and happiness?
- What do I turn to when I feel tired, worried, or empty?
- Am I making time for prayer, silence, and listening to God’s Word?

Like the Samaritan woman, we may begin by coming to Jesus with ordinary needs, but if we stay with him, he leads us deeper. She arrives alone and leaves full of joy, running back to her village to tell others about him. Meeting Jesus changes her direction and gives her new purpose.

May this Lent be a time when we allow Jesus to meet us at the well of our daily lives in our work, our worries, and our waiting. May he gently draw us away from what does not satisfy and lead us to the living water that brings life, hope, and renewal.

Yours in Christ,

**Deacon Ian**

## Anniversaries from the week commencing 8<sup>th</sup> March 2026

*John Kearns, Patrick Simister, Elizabeth Le Neve Foster, Mary Thorpe, George Zielinski, Corrado Boscarelli, Sarah Nalubowa Mussi, Jackie Kelly, Yvonne Figon, Liam Blake, Anne Keogh, Mark Weber, Elisabeth Quinnen, Daisy Saliba, Paul Quinn, Pauline Housset, Elizabeth Arden, Sidonie Foley, Angela Bifulco, Angela Nwaka, Eileen Jolly, William Blake, John Dutton, Evelyn McGeeney, Rienzie Alles, Helen Shabaznia, Abbot Francis Rossiter, Natale Michele Fiorelli, Clement Douglas Halpin, Andreas Selibio, John Bridges, Alicia Ruffell, Mary Gordon, James Cogswell, Lillie Russell, John Gallagher, Dom Philip Pickering, Peggy Higgins, Bertha Dias, Frances Shaw, Sheila Keating, Nicola Marcantonio, Frank Burke, Andrew Marsden*

## Information & Diary

### **Sunday 8<sup>th</sup> March**

### **Monday 9<sup>th</sup> March**

8-9pm: Bingo in the Parish Hall.

8.30pm: Profession of faith. In the church. See back page for more details.

### **Tuesday 10<sup>th</sup> March**

1-3pm: Senior citizens. In the Coffee Lounge.

6.30pm: Meditation: in the Bulbeck Room with Fr. Robin Burgess.

### **Wednesday 11<sup>th</sup> March**

10-12pm: **Benedict Renew**. In the coffee lounge.

7.00-8.15pm: Ealing Abbey Lay Plainchant Choir, Maurice Fowler Hall.

see [www.ealpc.org](http://www.ealpc.org)

8.30pm: Profession of faith. In the church. See back page for more details.

### **Thursday 12<sup>th</sup> March**

9.30-12.30: Toddlers group in the hall.

10.00am: Lectio Divina in the Bulbeck Room with Sheila Rees, refreshments at 11.00am and meditation at 11.15am with Fr Robin Burgess.

### **Friday 13<sup>th</sup> March**

9.45-11.00am: Adoration of the Blessed Sacrament in the Church. Parishioners are invited to pray for Members of the House of Lords to grant them wisdom and courage as they consider the Assisted Dying Bill.

5.30-6pm: Confessions.

**1.30 & 8.20pm: Stations of the Cross**

### **Saturday 14<sup>th</sup> March**

10.00 a.m. to 11.00 a.m.: Adoration of the Blessed Sacrament.

11am-4pm: Lenten Quiet Day of Reflection **“Choosing a better way”** led by Fr Robin Burgess in the bulbeck room.

# Finance News

1<sup>st</sup> March 2026

Collection Offertory, ATM, and others: £1885

We are deeply grateful for the wonderful financial support we receive. If you would like to make a donation to help us to continue to sustain the mission of the Church, share the Gospel and serve those in need, our Bank Account details are: Royal Bank of Scotland, 49 Bishopsgate, London EC2N 3AS Account No: 19123696 Sort Code: 16-00-15 Account Name: The Trust of St Benedict's Ealing Abbey

## Notices

### Children's Liturgy Volunteers Urgently Needed

Volunteers **Urgently Needed** for Children's Liturgy at 9am Mass on Sundays – we don't have enough to keep it going; please get in touch with Danielle at [catecheticalcoordinator@ealingabbey.org.uk](mailto:catecheticalcoordinator@ealingabbey.org.uk)

### Profession of Faith

During Lent from 9th to 23rd March on Mondays and Wednesdays at 8:30pm Members of 2nd Neocatechumenal Community will be sharing why they believe each article of the Creed from their personal experience. All are welcome.

### Ealing Abbey Choir

Ealing Abbey Choir, St Benedict's Consort Choir and School orchestra will perform Mozart's Requiem and Beethoven's 5<sup>th</sup> Symphony in Ealing Abbey on Saturday 21<sup>st</sup> March at 7:30pm. Tickets are available on the door or in advance from TryBooking. Booking details are on posters in the Parish Centre and here:

<https://www.trybooking.com/uk/FTDH>

### Walk of Witness

The annual Walk of Witness will take place on Good Friday 3rd April 2026 and will commence at the Abbey steps at 10.00 am. We are looking for volunteers to assist with the marshalling of the procession from the Abbey to Christ the Saviour Church in Ealing Broadway, where it will finish with an ecumenical prayer service. This is a wonderful occasion for us to join our fellow Christians from all the churches in Ealing and to bear witness to the deeply moving and spiritual events of Good Friday and the crucifixion of Our Lord. If you would like to volunteer to help, please contact Robert in the Parish Office who will pass your details to Liz McCorry who is co-ordinating on behalf of our Parish.

### The Assisted Dying Bill

This Bill is currently before the House of Lords. We are concerned that it does not adequately protect vulnerable people and risks replacing compassionate care with assisted death. Parishioners are urged to pray and to write to members of the House of Lords (template available from the parish office), asking them to oppose the Bill and support better palliative and end-of-life care. To support this effort or to obtain materials, please contact the Parish Office.

### ECWNS

The Ealing Churches Winter Night Shelter project completed 7 weeks at the Abbey. In total, 40 parishioners volunteered in supporting the provision of accommodation, meals, companionship and advice to 16 clients, who will now be finishing their final weeks at other Churches in Ealing. This is an incredibly important activity for the Parish as it provides an outreach to those, who through no fault of their own, have so much less than us. For those parishioners who partook in the project, it offered a wonderful opportunity to follow in the way of St Benedict by receiving each client as Christ himself with humility, charity and love. The project can only continue into the future if we have enough volunteers to make it work and even with 40 this year, we struggled at times. Although it will be some time before our next participation, we are asking you to keep our work in your prayers and join us next year, in what is a truly worthwhile and humbling experience. The ECWNS charity is, like every charity, facing challenges financially and relies on donations, which underpin our work. For further information on the work we carry out and how to donate, please visit <https://ecwns.org.uk/>