



# Ealing Abbey Church of St. Benedict Newsletter and Information bulletin

All Masses Celebrated in the week are live-streamed on [churchservices.tv/Ealing\\_abbey](http://churchservices.tv/Ealing_abbey)

**THE MOST HOLY TRINITY**  
Exod 34: 4b-6, 8-9; 2 Cor 13: 11-13, ; John 3:16-18



## Useful Contacts

**PARISH PRIEST - Fr. Ambrose McCambridge OSB**  
**Priests of the Parish - Fr. Timothy Gorham OSB & Fr Bede Grey OSB**

**Parish Secretary - Robert Ewan** | [parishoffice@ealingabbey.org.uk](mailto:parishoffice@ealingabbey.org.uk) | 020 8194 2301 |  
Parish office: Open Mon-Fri 9.30-12.30pm | 2, Marchwood Crescent, Ealing, London W5 2DZ

**Pastoral Coordinator- position vacant**  
For any pastoral issues please contact the parish office

**Catechetical Coordinator- Danielle Rudge** | [catecheticalcoordinator@ealingabbey.org.uk](mailto:catecheticalcoordinator@ealingabbey.org.uk)

**Emergency Sick Calls - 07752 385860**  
**Ealing Abbey Monastery - 020 8194 2300** | Charlbury Grove, Ealing, London W5 2DY

**Chair Of Pastoral Council- Ms. Ibi Abasi**  
**Safeguarding Representatives- Marie-Helene Collins, Dr Brendan Curran**  
[ealingsg@safeguardrcdow.org.uk](mailto:ealingsg@safeguardrcdow.org.uk)  
**Connect: Website** [www.ealingabbeyparish.uk](http://www.ealingabbeyparish.uk) | **Facebook** [www.facebook.com/StBenedictsEaling](http://www.facebook.com/StBenedictsEaling)  
**Instagram** [www.instagram.com/st\\_benedictsealing/](http://www.instagram.com/st_benedictsealing/)

You can also download a copy of the latest bulletin on the website, found under 'News'

### DIVINE OFFICE

	Sunday	Weekday	Saturday
MATINS		6.00am	6.30am
LAUDS	7.35am	7.35am	7.35am
VESPERS	6.00pm	6.35pm	5.15pm
COMPLINE		8.00pm	
VIGIL			7.30pm

### WEEKDAY & SATURDAY

<u>MASSES</u>
7.00am (With the Monks)
9.15am
6.00pm (Vigil Mass of Sunday)

### SUNDAY MASS

9.00am	(with children's liturgy)
10.15am	(Family Mass in Abbey Hall)
10.30am	(Choral Mass)
12 noon	(Sung Mass)
7.00pm	(Young people's Mass)

### CONFESSION:

**Saturday: 10am-11am/4pm-5pm,**  
**Thursday: 7.45pm-8.15pm**

## *Dear Parishioner,*

Defining; Understanding; Explaining. Making sense of it all. Has never been easy. Only God can save and both Jesus Christ and the Spirit are essential to salvation. Therefore God, Jesus Christ, and the Spirit are divine. The Trinity will always be a mystery that transcends human comprehension. It's not a contradiction that can be solved. Because no human analogy will ever be entirely accurate,

But where do you start? How do you start? Well there are some images and metaphors that have been used to help people understand and make sense of the Holy Trinity, the triune nature of God? St Patrick used the Shamrock (single plant with three leaves); For St Augustine it was "intellect-will-memory". An image drawn from psychology of the human person. St Augustine believed that the structure of the individual human soul was a mirror image of the Trinity. By knowing oneself, one would know God.

The Catechism teaches that The Father, the Son, and the Spirit is one and the same God in their nature. The Father, 'Son,' and 'Holy Spirit,' the divine persons are really distinct from one another. 'Father,' 'Son,' and 'Holy Spirit,' are not names designating modalities of the divine being [Godhead]. They are distinct from one another. Their distinction lies in the relationship of each to the others

'Lover-beloved-love'. Christianity is the only religion where God is revealed to "be" love. Because in order for there to be love, there must be a beloved. From all eternity, the Father, Son, and Holy Spirit have poured themselves out into each other in an infinite act of love, which we, as Christians, are called to experience through faith and the sacraments by which we are lifted up into that very love of God itself (Romans 5:1-5).

It is the love of God that binds us, heals us, and makes us children of God (1 John 4:7; Matt. 5:44-45). "God so loved the world, that he gave his only begotten Son" (Jn 3:16)

***Dom Ambrose McCambridge OSB PP***

# Anniversaries from the week commencing 31<sup>ST</sup> May 2026

Colin Farrell, Mary McGuinn, Vera Arnull, Victoria Habba, Patricia Nora McGill, Dom Basil Bolton, Helena Clarke, Margaret Lambert, George Hammond, Desmond Watson, Joe Nolan, James Rooney, Annie Cecil, Dorothy Doyle, Marcella Lynch, Margaret Peralta, Fredrick Pedley, Thomas Sweetman, Mary Lyle, Christopher Brassel, Marina Goncalves, Martina O'Brien, Eileen (Ellen) Hartnett, Olga Segré, Gregg Ambrose, Anthony Beaulieu, Frank Gormally, Bernard Huni, Mary Diggin, Terence Nankivell, Michael Fogarty-Waul, Arthur Anstis, Sally McCormack, Bernard Harwood, Norman Quinnen, Mary Brain, Thomas Divers, Gladys Hillman, Gilbert Altmeyer

## Information & Diary

**Sunday 31<sup>st</sup> May**     *The Most Holy Trinity*

**Monday 1<sup>st</sup> June**     *St Justin*

8-9pm: Bingo in the Parish Hall.

**Tuesday 2<sup>nd</sup> June**

1-3pm: Senior citizens. In the Coffee Lounge.

6.30pm: Meditation with Claudia Kopel. Bulbeck room.

**Wednesday 3<sup>rd</sup> June**     *St Charles Lwanga & Comp.*

10am-12pm: Benedict Renew. Coffee lounge.

8.15pm: Book circle. Coffee lounge. See back page for more details.

Gregorian Chant Lay Choir meet 7pm most Wednesdays. Please check the Calendar at [www.ealpc.org](http://www.ealpc.org).

**Thursday 4<sup>th</sup> June**

40 Hours Eucharistic Adoration 10am- 10pm

9.30-12.30: Toddlers. Parish Hall.

Lectio Divina and Meditation will resume on June 11<sup>th</sup>, 2026

**Friday 5<sup>th</sup> June**     *St Boniface*

40 Hours Eucharistic Adoration 7.30 am 10pm

**Saturday 6<sup>th</sup> June**

40 Hours Eucharistic Adoration 7.30 am-9pm

3-5pm: Ealing Charismatic Prayer Group. Coffee lounge.

See back page for more details.

# Finance News

May 24<sup>th</sup>, 2026

Collection Offertory, ATM, and others: £1222

We are deeply grateful for the wonderful financial support we receive. If you would like to make a donation to help us to continue to sustain the mission of the Church, share the Gospel and serve those in need, our Bank Account details are: Royal Bank of Scotland, 49 Bishopsgate, London EC2N 3AS Account No: 19123696 Sort Code: 16-00-15 Account Name: The Trust of St Benedict's Ealing Abbey

## **First Holy Communion and Youth Group**

First Holy Communion and Youth Group registration is now open. Please visit our website for further information, to complete the registration process or contact: [formation@ealingabbey.org.uk](mailto:formation@ealingabbey.org.uk)

## **Book Circle**

Book circle will meet on Wednesday 3<sup>rd</sup> June at 8.15pm in the Coffee Lounge to discuss *H is for Hawk* by Helen Macdonald. All are welcome. The book to read for the following meeting is “*This is Happiness* by Niall Williams”.

## **Corpus Christi Sunday 7<sup>th</sup> June 2026**

Sunday 12:00 PM Mass will be followed by a procession and a gathering in the Parish Hall afterwards for a bring-and-share lunch. Please bring refreshments with you to share with the parish stating ingredients (allergies)

## **Ealing Abbey Foodbank donations**

Please note that the next collection has been moved to Sunday 7<sup>th</sup> June (not the last weekend of the month as usual).

## **Art & Prayer**

Join us for the next **Art & Prayer** session as we reflect on the theme of **Community**, inspired by Jesus' words in Scripture: “*Love one another as I have loved you.*” This gentle, welcoming group offers a supportive space to explore Catholic spiritual themes through simple art-making—no experience, skills or teaching involved, just a chance to pause, reflect and be together. All are very welcome, whether you come often or are simply curious to give it a try. **Saturday 13<sup>th</sup> June, 10am–12 noon, Abbot Ford Room, Ealing Abbey.** £5 entry or bring your own materials. For more information, contact [rozamarias@gmail.com](mailto:rozamarias@gmail.com). Come along and see where art, prayer and community might lead you?

## **Ealing Charismatic Prayer Group**

Come join us for worship songs, reading and reflecting on Scripture, healing and intercession prayer - and afterwards a cup of tea/coffee and a chat.

We are an informal prayer group within the tradition of the charismatic renewal, who meets every first and third Saturday of the month in Ealing Abbey's coffee lounge, from 3-5pm. Everyone welcome! Saturday 2<sup>nd</sup> & 16<sup>th</sup> May; 6<sup>th</sup> & 20<sup>th</sup> June, through to the end of the year!

## **Green Christian magazine**

Green Christian magazine is now stocked in the Parish Bookshop at £3. This is a biannual publication and has come about through Green Christian members from various Christian traditions - Anglican, Baptist, Roman Catholic, Independent/Free Churches, Methodist, Orthodox, Quakers, and United Reform Church.